



Issue 4

September 3, 2024

I think I'm on my way out of my burnout. I finally feel like I'm beginning to make some forward progress again. I'm finishing a major round of edits on my fantasy manuscript, and I've been submitting my dark fantasy short story to several literary journals.

### **The Untold Stories Blog**

Join me in this month's blog post as we discuss burnout. In this post, we will:

- ◇ Discover common triggers that can cause burnout
- ◇ Learn about the signs of burnout to watch out for
- ◇ Explore some tips for balancing productivity with your mental, emotional, and physical health



[Click here to read the full post](#)

### **Writing Updates**



#### ***The One That Death Forgot***

*(progress: submitting for publication)*

I'm very excited to say that I submitted my dark fantasy short story to 5 journals last month. It may not sound like a lot, but it's a personal record for me, so I'm going to celebrate it. You can learn more about this project by visiting my website.

[Read more about Tash](#)



#### ***The Heir of Stone***

*(progress: editing before editing)*

This is my adult action-adventure fantasy manuscript. I'm finishing up a round of edits before sending this manuscript to an editing service for a full developmental edit. Stay tuned to hear how that goes.

[Read more about Oreia](#)

**Let's connect!** I'd love to hear your thoughts and suggestions for future blog topics.

Facebook: [Jennifer Alden](#) ◆ Twitter: [@JenAldenbooks](#) ◆ Instagram: [jenaldenbooks](#)